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## Mission

Women In Need, Inc. (WIN) provides housing, help and hope to New York City women and their families who are homeless and disadvantaged. Through comprehensive programs such as shelter, supportive permanent housing, job training, domestic violence services, alcohol and substance abuse treatment and childcare, WIN offers the tools and guidance which allow our families to return to their communities and live independently.

## Programs and Services

### Shelter

Supportive and permanent housing

Job training and referrals

Domestic violence counseling

Alcohol and substance abuse treatment

HIV/AIDS prevention education

Child care

After school programs

Camp WIN, a summer day camp

*"I thought I was a lost cause...I never want to forget how somebody helped me when I needed it."*

*--former WIN client*



## Women's Centers for Substance Abuse and Wellness

at Midtown and  
Casa Rita in the Bronx

*A place for a second chance  
and a better life*

# WIN

[www.women-in-need.org](http://www.women-in-need.org)

Women In Need, Inc.  
115 W. 31st St., New York, NY 10001  
212/695-4758

[www.women-in-need.org](http://www.women-in-need.org)  
founded in 1983

## SERVICES:

**Women In Need**'s two New York State OASAS-licensed Women's Centers for Substance Abuse and Wellness are unique outpatient programs holistically designed to meet the needs of women.

The Centers offer a wide range of individual, group and family services to help women achieve abstinence, improve their quality of life and enhance their capabilities for self-sufficiency and productivity.

Services, which are offered Monday through Friday with day and evening hours, include women's group treatment, medical and psychiatric services, education and employment services, HIV/AIDS and HepC prevention and education, domestic violence services and acupuncture detox treatment.

### Locations

#### **The Women's Center for Substance Abuse and Wellness at Midtown**

115 W. 31st St., New York, NY 10001  
212-695-7330

#### **The Women's Center for Substance Abuse and Wellness at Casa Rita**

391 E. 149th St., Bronx, NY 10455  
718-402-0066

### **Group Treatment**

An effective modality in substance abuse treatment. In professionally-facilitated group sessions, women are able to learn from and support each other in an atmosphere of trust and recovery. Specialized groups include Parenting, Anger Management, Smoking Cessation, Coping With Loss, and Trauma and Recovery.

### **Medical & Psychiatric Services**

A professional medical staff provides comprehensive medical and psychiatric evaluations and services to all clients in a confidential setting.

### **Family Members and Significant Others**

Involving a woman's family is critical to the success of her treatment and recovery. Individual counseling and Al-Anon groups are available.

### **HIV/AIDS and HepC Prevention, Education, and Testing**

Targeted outreach, health education and risk reduction are the key elements of this service. Clinicians, assisted by peer educators, conduct workshop sessions. Goals of the workshops are to increase awareness of the risks and prevention methods of HIV/AIDS and HepC and other sexually-transmitted diseases, promote testing for HIV, and provide referral information for testing, counseling and HIV/AIDS/HepC medical services. On-site HIV testing is also offered monthly.

### **On-Site Child Care**

One of the first treatment programs in New York State that recognized the necessity of providing on-site child care in order to successfully treat women with alcohol and substance abuse problems. We also offer Mommy and Me groups.

### **Acupuncture Detox Treatment**

Acupuncture is an effective tool in both alcohol and drug detox treatment. Used in conjunction with medication, counseling and other methods, it helps reduce cravings, improves mental clarity and allows the client to focus on recovery.

### **Domestic Violence Counseling**

Families at risk for domestic violence receive counseling and education and are linked to resources they may require such as assistance in accessing safe homes and battered women's shelters, medical and psychiatric services, therapeutic services for children and legal advocacy.

### **Education & Employment Services**

Successful treatment is predicated on the philosophy that work and abstinence are closely linked. Education, pre-vocational guidance, job readiness and employment services are offered. Computer classes are available, and GED and English-as-a-Second Language (ESL) classes are offered through on-site tutors and established relationships with community-based organizations. Internships are developed, and WIN is approved as a Work Experience Program (WEP) site to help our clients obtain meaningful employment and enhance their potential to private sector employers.

### **Transportation**

Reimbursement for transportation costs is provided to eligible clients.